



Wear your bulkiest clothes on the plane and invest in multi-purpose items.

WINTER			SUMMER		
CLOTHING			CLOTHING		
☐	Rain Poncho	1	☐	Sun Hat	1
☐	Compression Socks	1	☐	Compression Socks	1
☐	Underwear	5	☐	Underwear	5
☐	Socks	5	☐	Socks	5
☐	T-shirts/Tops	2	☐	T-shirts/Tops	5
☐	Long Sleeve Shirts	4	☐	Long Sleeve Shirts	1
☐	Jeans/Trousers	2	☐	Jeans/Trousers	1
☐	Leggings/Pants	2	☐	Bra	2
☐	Dress	1	☐	Shorts/Skirts	3
☐	Swimwear	1	☐	Dress	2
☐	Sweater	2	☐	Swimwear	2
☐	Jacket	1	☐	Jacket	1
☐	Scarf	1	☐	Shawl	1
☐	Sleepwear	1	☐	Sleepwear	1
☐	Gym/Workout Wear	1	☐	Gym/Workout Wear	1
☐	Belt	1	☐	Belt	1
☐	Jewellery	2	☐	Jewellery	2
☐	Gloves	1	☐	Beach Cover Up	1
☐	Beanie	1	☐		
☐	Thermal Layers	1	☐		
SHOES			SHOES		
☐	Boots		☐	Flip Flop	
☐	Hiking/Trainers Shoes		☐	Hiking/Trainers Shoes	
☐			☐	Sandals	
ELECTRONICS			BAGS		
☐	Phone		☐	Makeup Organiser	
☐	Phone Charger		☐	Toiletry Bag	
☐	Tablet		☐	Packing Cubes	
☐	Watch		☐	Digital Accessory Bag	
☐	Watch Charger		☐	Passport Holder	
☐	SIM Card Remover		☐	Day Pack	
☐	Universal Adapter		☐	Pill Box	
☐	Portable Charger		☐	Wallet	
SECURITY			LUGGAGE		
☐	Personal Alarm		☐	Combination Lock	
☐	Door Alarm Stop		☐	Identification Tags	
☐	Bra Wallet		☐		
TOILETRIES			PERSONAL CARE		
☐	Sunscreen		☐	Medication	
☐	Lip Balm		☐	Vitamins	
☐	Toothpaste		☐	Soap Paper	
☐	Toothbrush		☐	Laundry Detergent	
☐	Dental Floss		☐	First Aid Kit	
☐	Contact Lenses		☐	Hand Sanitiser	
☐	Eye Glasses		☐	Ear Plugs	
☐	Sanitary Napkins				
☐	Shampoo - Bar				
☐	Conditioner				
☐	Soap				
☐	Brush				
☐	Hair Ties/Clips				
☐	Deodorant - Stick				
☐	Moisturiser				
MAKEUP			ACCESSORIES		
☐	Foundation		☐	Knife	
☐	Blush/Bronzer		☐	Water Bottle	
☐	Eyeshadow Palette		☐	Mini Carabiner	
☐	Eyeliner		☐	Umbrella	
☐	Mascara		☐	Glasses Chain	
☐	Eye eyebrow pencil		☐	Glasses Case	
☐	Lipstick/Gloss		☐	Travel Neck Pillow	
☐	Makeup Brushes		☐	Torch	
☐	Makeup Remover		☐	Travel Towel	
☐	Cotton Swabs/Pads		☐		
☐	Mirror		☐		
DOCUMENTATION					
☐	Medication Prescriptions		☐	eSIM Card/Roaming Plan	
☐	Health Insurance		☐	Travel/Language Apps	
☐	Passport		☐	Transportation Tickets	
☐	Itinerary		☐	Passwords	
☐	Visas		☐	Cash/Money	
☐	Emergency Contact		☐	Journal/Notebook	
☐	Vaccination Records		☐	Embassy Information	
☐	Hotel Confirmation		☐	Credit Card	
☐	Drivers Licence		☐	Student/Work Ident.	
☐	SIM Card Remover		☐	Pen	
☐			☐		
☐			☐		
☐			☐		
☐			☐		